



Every Soup has a Story....

Spring Split Pea Soup (Vegan, GF)

Ingredients: green split peas, english peas, snap peas, garlic, olive oil, salt, spices, parsley

Lentil and Mushroom Soup (Vegan, GF)

Ingredients: onion, garlic, olive oil, mushrooms, lentils, salt, spices, tamari soy

Heating Instructions:

Stove Top: Place soup in a pot and heat on the stove until just boiling.

Microwave: Place soup in bowls and heat on high for 2 minutes, stirring after 1 minute.

Serve & Enjoy!

The Soup Starts here:

Check out the QR code for feedback forms, ordering and more soup info!



Spring Split Pea Soup: Stone Soup has made the cured pork lovers version of this soup many times over the past 2 years. The version you lucky subscribers are enjoying is vegan. The english peas and parsley pureed into the green split peas give it a bright spring vibe that hip Stone Soupers tend to dig. The green revolution is upon us. Let's eat it.

BTW's, If you absolutely have to have seconds of this soup, All three Zupan's Markets are serving this soup as a pop up at all of their stores this week and next week. **Serving Suggestion:** Serve this with a simple Frisee salad with lemon vinaigrette, croutons and shaved parmesan.

Lentil and Mushroom Soup: Roughly translated, "brutti ma buoni" means ugly but good. It's an apt description of this soup. It doesn't excite with bright colors but behind it's muted hue lies an intense and delicious savory-ness that makes it addictively good. This soup is so hearty and satisfying it's hard to believe it's vegan. **Serving suggestion:** Toasted rustic bread with goat cheese and sliced ham

Another great way to support our program and try our food is our monthly Pop Up Dinners. This Friday, Chef Emily DaSilva takes us back to her Brazilian roots with a multi-course menu of family favorites. The full meal is only \$45/person and can be ordered here:

<https://www.stonesouppdx.com/product-page/pop-up-dinner>

Meal Pick up happens on Friday, April 15 between 4-6pm

WE'RE INTERESTED TO KNOW WHAT YOU THINK! Fill out 12 soup feedback forms and Stone Soup will give you 1 FREE MONTH soup subscription..Free... on us!